

	WEEK ONE	WEEK TWO	WEEK THREE	WEEK FOUR
Week comm	05/09/16, 03/10/16, 7/11/16, 5/12/16	12/09/16, 10/10/16, 14/11/16, 12/12/16	19/09/16, 17/10/16, 21/11/16	26/09/16, 31/10/16, 28/11/16
Monday	Cajun chicken Cottage pie Vegetable Balti Jacket wedges, rice Sweetcorn, <b>broccoli</b>	Bolognaise Cheese and tomato flan Vegetarian bolognaise Boiled potatoes, pasta twists <b>Green beans</b> , sweetcorn	Salmon fishcakes Steak and <b>mushroom</b> pie Vegetable casserole Creamed potatoes, savoury potatoes <b>Carrots, broccoli</b>	Turkey meatballs Ham and <b>mushroom</b> pizza Spicy beanburger Parsley potatoes, pasta twists Courgettes, sweetcorn
Tuesday	Roast beef and Yorkshire pudding Chicken enchiladas Quorn sausage and Yorkshire pudding Roast potatoes, baby mid potatoes <b>Cabbage, swede, parsnips</b>	Roast turkey, chipolata and stuffing Lamb's liver and bacon Vegetable burrito Roast potatoes, baby mid potatoes <b>Carrots, sprouts, parsnips</b>	Roast lamb and mint sauce Chicken fillets/bacon Vegetable cottage pie Roast potatoes, baby mid potatoes <b>Cabbage, mixed vegetables, parsnips</b>	Roast pork and apple sauce Chicken Jalfrezi/rice Macaroni cheese Roast potatoes, baby mid potatoes <b>Carrots, broccoli, parsnips</b>
Wednesday	Chicken and sweetcorn pie Tuna pasta bake Vegetable burger Creamed potatoes, pasta twists <b>Carrots, broad beans</b>	Lamb Rogan Josh Kentish sausage <b>Mushroom</b> and cheese pasta bake Creamed potatoes, rice Mixed vegetables, courgettes	Lasagne Barbeque chicken/rice Vegetable and lentil lasagne Creamed potatoes, garlic bread Sweetcorn, <b>green beans</b>	Minced beef and vegetable pie Poached haddock Vegetable Korma Creamed potatoes, rice <b>Cauliflower, green beans</b>
Thursday	Beef hotpot Pork sausage Bean chilli Parsley potatoes, rice <b>Green beans, cauliflower</b>	Chicken casserole Baked Mediterranean fish Cheese and tomato pizza Boiled potatoes, pasta twists <b>Broccoli, cauliflower</b>	Beef casserole and dumpling Chicken and vegetable pasta bake Cheese and vegetable pinwheels Boiled potatoes, pasta twists <b>Cauliflower, swede</b>	Moussaka Sweet and sour chicken Vegetarian moussaka Boiled potatoes, rice <b>Baby carrots, swede</b>
Friday	Battered fish Chicken Tikka Cheese whirls Chips, rice Garden peas, baked beans	Battered fish Beef Madras Quorn pasty Chips, rice Garden peas, baked beans	Battered fish Chilli con carne Welsh eggs Chips, rice Garden peas, baked beans	Battered fish Breaded chicken fillets <b>Broccoli</b> and cheese flan Chips, jacket potatoes Garden peas, baked beans
<b>Available daily</b> – Salad cart ( <b>homemade salads</b> ), jacket potatoes, baked beans, homemade cakes and desserts, biscuits, organic yoghurts, fresh fruit, bread rolls (white and wholemeal)				