



Personal, Social, Health and Economic Education Policy

Chew Valley School

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Rationale

Our PSHE Education programme gives opportunities for pupils to develop their sense of individual identity, well-being and self-esteem, and to reflect critically on their experiences. The PSHRE curriculum encourages them to believe in their ability to succeed, to manage risk and take responsibility for themselves as a learner and as a member of society, to consider future choices and develop aspirations for their working life. Our work also encourages them to show respect for diversity in society. This policy aligns with the Every Child Matters agenda in which we focus on pupil's enjoyment, achievement, safety, health and wellbeing, and economic development.

Aims

The PSHE curriculum will support the development of skills, attitudes, values and patterns of behaviour which enable students to:

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution to their community and society
- Achieve economic well being
- Value themselves and others
- Form meaningful and positive relationships
- Consider social and moral dilemmas
- Make real choices and decisions
- Become well informed
- Participate in a range of opportunities.

Curriculum organisation and structure

PSHE Education is part of the Humanities faculty of the school and is led by a specialist PSHE teacher. It is taught discretely by a select group of dedicated staff and often supported by visiting speakers or expert guests such as the School Health Nurse. Five key concepts are covered in the programme: personal identities, healthy lifestyles, risk, relationships and diversity as well as a programme of sex, relationships and drugs education. Economic well-being and financial capability work is covered in Enrichment time, in careers education and work-related learning.

In KS3, PSHE is taught alongside Philosophy and Belief as PSHRE 3 lessons per fortnight. In KS4, it is taught as a discrete subject for one lesson a fortnight. At KS5, year 12 students follow a PSHE programme in their core lessons once a fortnight.

See Appendix 1 for curriculum plan

Aspects of the PSHE curriculum are also delivered in the following areas:

- Enrichment periods and activities done in registration times;

Work across the whole curriculum, for example healthy lifestyles, enterprise, identity and cultural diversity, opportunities beyond the classroom and the curriculum that strengthen the social, moral, spiritual and cultural development of the pupils such as Change and Create teams, Ten Tors, Duke of Edinburgh Award Scheme, charity events and assemblies

Cross- Curricular Dimensions

Teachers of all subjects take the opportunity to develop or reinforce the work carried-out in the PSHE Education programme. Examples of this would be work on **healthy lifestyles** in Physical Education and Food Technology; on **Identity and Cultural Diversity** in Geography, History and Philosophy and Belief; **Ethics** and **Moral Dilemmas** in Philosophy and Belief and in English; **Enterprise** in Business Studies, **Work Experience** and **Community Participation** in Physical Education; and **Sustainability and the Global Dimension** in Design Technology and Geography.

Involvement of Young People and Parents

Pupils are regularly involved in contributing to the content of learning and the development of resources used within the PSHE programme. Parents' sessions are delivered annually on the content, style and messages delivered during Relationships and Sex Education in a parents' session held during the autumn term.

Monitoring and Evaluation

The PSHE team leader will evaluate both the materials and delivery of learning in reviewing schemes of learning annually, in consultation with pupils. A bi-annual teaching and learning review will take place in line with all faculty reviews.

Conclusion

The PSHE curriculum has the intention of helping Chew Valley School develop the whole child and therefore prepare them for life outside the school community. The aim is to support our young people to become successful learners, confident and resilient individuals, and responsible citizens.

Policy reviewed: November 2013

Date of next review: November 2015

Links with other policies:

- **Sex Education and Relationships policy**
- **Drugs Policy**
- **Child Protection Policy**

Appendix 1

PSHRE Curriculum Map

7	Emotional Health and wellbeing. Dealing with negative emotions	Puberty and life changes	Smoking	Alcohol	Bullying	Mental Health awareness
8	Smoking and alcohol	First Aid	Resolving conflict	Self esteem and identity	Respectful relationships	Bullying
9	Human Rights	Self-esteem and body image	Relationships and sex	Alcohol	Drug Education	Personal identity
10	Living positively	Relationships and sex	Drugs education	Mental Health awareness	Diversity	Self esteem and body image
11	Alcohol	Drugs education	Relationships and sex	Futures		
12	Transition to Sixth-Form	Body image Alcohol	Self-esteem; Revision	Growth mindset; Futures	Drugs education	Relationships and sex