



Personal, Social, Economic and Health Education policy

Chew Valley School

March 2017

Chew Valley School Personal, Social, Health and Economic Education Policy

1. Rationale

Our PSHE Education programme gives opportunities for students to develop their sense of individual identity, well-being and self-esteem, and to reflect critically on their experiences. The PSHE curriculum encourages them to believe in their ability to succeed, to manage risk and take responsibility for themselves as a learner and as a member of society, to consider future choices and develop aspirations for their working life. Our work also encourages them to show respect for diversity in society. This policy aligns with the school's vision to help children learn, grow and achieve whilst also focussing on student's enjoyment, achievement, safety, health and wellbeing, and economic development.

2. Aims

The PSHE curriculum will support the development of skills, attitudes, values and patterns of behaviour which enable students to:

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution to their community and society
- Achieve economic well being
- Value themselves and others
- Form meaningful and positive relationships
- Consider social and moral dilemmas
- Make real choices and decisions
- Become well informed
- Participate in a range of opportunities.

3. Curriculum

PSHE Education is part of the Humanities faculty of the school and is led by a specialist PSHE teacher. It is taught discretely by a select group of dedicated staff and often supported by visiting speakers or expert guests such as the School Nurse. Five key concepts are covered in the programme: personal identities, healthy lifestyles, risk, relationships and diversity as well as a programme of sex, relationships and drugs education. Economic well-being and financial capability work is covered in Enrichment time, in careers education and work-related learning.

In KS3, PSHE is taught alongside Philosophy and Belief as PSHRE 3 lessons per fortnight. In KS4, it is taught as a discrete subject alongside citizenship education for two lessons a fortnight. At KS5, year 12 students follow a PSHE programme in their core lessons once a fortnight.

See Appendix I for curriculum plan

Aspects of the PSHE curriculum are also delivered in the following areas:

- Enrichment periods and activities done in registration times;
- Work across the whole curriculum, for example healthy lifestyles, enterprise, identity and cultural diversity, opportunities beyond the classroom and the curriculum that strengthen the social, moral, spiritual and cultural development of the pupils such as Change and Create teams, Ten Tors, Duke of Edinburgh Award Scheme, charity events and assemblies

Cross- Curricular Dimensions

Teachers of all subjects take the opportunity to develop or reinforce the work carried-out in the PSHE Education programme. Examples of this would be work on healthy lifestyles in Physical Education and Food Technology; on Identity and Cultural Diversity in Geography, History and Philosophy and Belief; Ethics and Moral Dilemmas in Philosophy and Belief and in English; Enterprise in Business Studies, Work Experience and Community Participation in Physical Education; and Sustainability and the Global Dimension in Design Technology and Geography.

4. Involvement of Young People and Parents

Pupils are regularly involved in contributing to the content of learning and the development of resources used within the PSHE programme. Parents' sessions are delivered annually on the content, style and messages delivered during Relationships and Sex Education in a parents' session held during the autumn term, with bi-annual parents' sessions on other aspects of the PSHE curriculum. The School participates in the Local Authority organised SHEU survey, where students in Y8 and Y10 are surveyed about aspects of their lifestyles in order to target school services and amend the curriculum offer.

5. Monitoring and Evaluation

The PSHE lead will evaluate both the materials and delivery of learning in reviewing schemes of learning annually, in consultation with pupils. A bi-annual teaching and learning review will take place in line with all faculty reviews.

6. Conclusion

The PSHE curriculum has the intention of helping Chew Valley School develop the whole child and therefore prepare them for life outside the school community. The aim is to support our young people to become successful learners, confident and resilient individuals, and responsible citizens.

Policy reviewed: March 2017

Date of next review: March 2019

Links with other policies:

- Sex Education and Relationships policy
- Drugs Policy
- Safeguarding and Child Protection Policy

Appendix I:

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
7	Introduction to World Religions Baseline assessment	Rites of Passage	Prayer and Meditation Assessment	Festivals	Community Cohesion Assessment	Holy books
	Equality and diversity	Puberty and life changes	Bullying	Alcohol	Emotional Health and well-being	Personal Values
8	Identity and belonging Assessment	Life after death	Religion and the environment – link Geog	Poverty and Injustice	Community Identity Assessment	Spiritual Leaders

			trip to rainforest Assessment			
	Healthy lifestyles	First Aid	Bullying	Mental Health	Respectful Relationships	Challenging stereotypes
9	Rights and Responsibilities	Philosophy	Moral Issues	Science and Religion Assessment	Media and Religion	Preparation for GCSE
	Human Rights	Body Image	RSE	Alcohol	Drugs	Personal Identity
10	RE topics will be discussed and tailored expressly to students' interests		Mindfulness will also be offered			
	Living Deliberately	RSE – contraception and consent	Drugs and Alcohol	Respectful relationships and CSE	Equality and Diversity	Body image and self esteem
	Pressure groups	Sex and the law	Drugs and the law	The criminal Justice system	Political parties	Volunteering
11	Religion and Early Life Mock exam		War and Peace End of unit test		Revision	
	Drugs and Alcohol	Mental Health toolkit	RSE – pornography and mental health	Coping with stress	Facing the future	
12	Body Image	Alcohol	Political awareness	Drugs	Relationships and sex	