

Chew Valley School Year 11 Class of 2024

Year 11 Home Learning Package ~ Week 8

This weeks videos include **English, PE and DT**

Remember all our subject videos can be found here: [Chew Valley School - Year 11 Information](https://www.chewvalley.org.uk/Year11Information)

Subject (s)	Topic	Video link
English	Jekll and Hyde	https://vimeo.com/user115470953/jandh?share=copy
PE	Exam Prep	https://vimeo.com/user115470953/gcsepe1?share=copy
PE	Exam Prep	https://vimeo.com/user115470953/ssexam1?share=copy
DT	NEA Section A-C	https://vimeo.com/user115470953/neaatoc?share=copy

Monday	Tuesday	Wednesday	Thursday	Friday
Chemistry Club (S7) French Foundation (L5)	Physics Club (S9) French Higher (L14) Tuesday Night Club (Main Hall 3.20PM)	Health and Social Care (MEZZ) Biology Club (S8)	Business Studies Course Work (L12) Spanish Higher (L15)	Spanish Foundation (L5a) Maths Exam & SPARX Club (M5)

9 Easy Ways to Get Better Grades
by @inner_drive | www.innerdrive.co.uk

- Eat breakfast**
It's the most important meal of the day. It helps improve attention and memory
- Believe you can learn the material**
Students who believe they can improve their ability with effort and learning outperform those who don't
- Have a sense of purpose**
Remind yourself of how doing well at school can help achieve your future goals
- Put your phone away in class**
Being on your phone divides your focus, making concentration and learning more difficult
- Spend an extra hour each day doing home work / reading**
The extra work you do each day adds up over a year
- Write about your nerves**
This reduces your fear and helps you perform more confidently
- Watch less TV**
Watching two hours of TV a night can significantly reduce your marks
- Play video games less**
Students who game twice a day have been shown to get worse grades
- Get a good night's sleep**
Lack of sleep affects memory, mood, creativity, insight, health and concentration

Important information

Book on to:



- Watch the Knowledge Videos**
- Attend Tuesday Night Club**
- Attend lunch time revision**
- Work hard in lessons**
- Complete home learning**
- BeMoreEd**

Hard work gets results
Mr Cocks

