Subject	Science
Unit/Topic	Year II Homeostasis And Response

Key Vocabulary	Definition
Homeostasis	The regulation of internal conditions to maintain optimum conditions in response to changes.
Urea	Chemical formed from the breakdown of too much protein. It is excreted in the urine.
Urine	Liquid produced by the kidneys (and stored in the bladder). Contains mostly water and some urea and ions.
Kidney	Organ that maintains water concentration in the body. It also regulates ions and excretes urea.
Lung	Organ of gas exchange that excretes carbon dioxide.
Stimulus	A change in the environment.
Receptors	Cells that detect changes in the environment e.g. rod and cone cells in the eye.
Receptor organs	Receptor organs are organs that contain receptor cells; eyes, ears, skin (touch, temperature and pain), nose, tongue.
Central nervous system (CNS)	The brain and the spinal cord.
Coordination centres	Receive and process information from receptors. E.g. brain.
Effectors	Muscles or glands which bring about a response .
Neuron	A nerve.
Sensory neurone	A nerve that takes messages from a receptor to the CNS.
Relay neurone	A nerve that connects a sensory neurone and a motor neurone.

Motor neurone	A nerve that takes messages from the CNS to an effector (muscle or gland).
Reflex action	An automatic and rapid action.
Synapse	The connection between two nerve cells.
Neurotransmitter	A chemical released into the synapse that allows a message to be passed on.
Negative feedback	How the body controls internal conditions. Any move away from a set point is detected and returned back.
Endocrine system	Consists of glands that release hormones into the blood to get to a target organ to cause a response.
Hormone	A chemical messenger, released by an endocrine gland carried around the body in the blood that affects a target organ.
Pituitary gland	Gland in the brain that produces several hormones (e.g FSH, LH and ADH).
Thyroxine	Hormone produced by the thyroid gland that regulates metabolism.
Adrenaline	Hormone.
Pancreas	Gland in the digestive system that produces insulin and glucagon as well as digestive enzymes.
Insulin	Released from the pancreas in response to high blood glucose levels and causes glucose to move from the blood into the cells. It causes glucose to be converted into glycogen for storage in the liver.
Glucagon	Released from the pancreas in response to low blood glucose levels and causes glycogen to be broken down into glucose and released back into the blood.
Type I diabetes	When the pancreas does not produce enough insulin.
Type 2 diabetes	When the body cells no longer respond to insulin.
Oestrogen	Released by the ovaries. Stops FSH being released and stimulates LH to be released. Causes the uterus lining to thicken in preparation for a fertilised egg.
Follicle stimulating hormone (FSH)	Hormone released by the pituitary gland. Causes maturation of the egg in the ovary.

Lutenising hormone	Hormone released by the pituitary gland. Causes the egg to be released from the
(LH)	ovary.
Progesterone (HT)	Hormone released by the egg follicle after ovulation. Maintains the lining of the uterus.
In vitro fertilisation (IVF)	Where egg cells are fertilised outside of the body with sperm cells.
Testosterone	The male hormone, produced by the testes, stimulates sperm production and secondary male sexual characteristics.
Thyroid gland	Endocrine gland in the neck that makes thyroxine.
Thyroxine	Hormone that controls metabolic rate (how quickly reactions in your cells takes place).
Adrenal gland	Endocrine gland on the kidneys that makes adrenaline.
Adrenaline	Hormone that prepares your body for 'fight or flight'.